



The MetroHealth System Presents:

The Department of Family Medicine CME

Family Medicine Leading the Future: Embracing Technology and Whole-Person Health

Friday, May 8, 2026 & Saturday, May 9, 2026

COURSE SCHEDULE

This conference is designed for primary care clinicians who deliver whole-person health. Through short, focused sessions led by experts from multiple disciplines—including Behavioral Health, Cardiology, Dermatology, Family Medicine, and Rheumatology, participants will gain up-to-date, practical knowledge across a broad range of primary care topics. The program will also explore how artificial intelligence can be leveraged to enhance care delivery, improve efficiency, and optimize patient outcomes across diverse clinical settings.

Friday, May 8, 2026 – Day 1 Lectures
Credit(s)TM

6.75 CME AMA Category 1

8:00 AM	Registration & Breakfast
8:30 AM	Welcome
8:35 AM	Early Intervention Matters: Periconceptional Care in Practice Dr. Lisa Kim
9:05 AM	Adult ADHD: Diagnosis and Management Dr. Joseph Daprano
9:35 AM	Current Medication Updates in CKD Care Dr. Georges Saab
10:05 AM	BREAK / VENDOR VISIT
10:20 AM	Pediatric Substance Use Disorder Dr. Kate Kelley
10:50 AM	Whole-Person Health: Family Medicine Research Perspective Dr. Sonal Patil

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MetroHealth System designates this educational activity for a maximum of 9.75 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

- 11:20 AM** **Perimenopause: Translating Evidence into Everyday Care**
Dr. Kristen Haase
- 11:50 AM** **LUNCH / VENDOR VISIT**
- 12:35 PM** **Understanding Clinical Practice Guidelines: A Closer Look at
Asthma Guidelines**
Dr. Colin Crowe
- 1:05 PM** **Autism: Diagnosis and Treatment**
Dr. Sonal Moratschek
Dr. Kimberly Bodner
Dr. Raquel Rapkin
- 1:35 PM** **Systolic vs. Diastolic Hypertension: Understanding the Differences
and Clinical Implications**
Dr. Ashish Aneja
- 2:05 PM** **Artificial Intelligence in Primary Care and Medical Education**
Dr. Brent Sugimoto
- 3:05 PM** **BREAK / VENDOR VISIT**
- 3:20 PM** **New Treat to Target Osteoporosis Guidelines: A Case-Based
Presentation**
Dr. Maria Antonelli
- 4:00 PM** **Emerging Technologies in T2DM: From Insulin Optimization to
Automated Delivery**
Dr. Daniela Pirela Araque
- 4:40 PM** **Adjourn**

Times and order are subject to change

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- 8:35 AM** **WORKSHOP**
Cognitive Behavioral Therapy Principles Relevant to Clinical Practice
Dr. Eric Berko
- Communication Skills in Clinical Practice**
Dr. Aphrodite Papadakis
- 10:00 AM** **BREAK / VENDOR VISIT**
- 10:15 AM** **Advanced Care Planning**
Dr. Beth McLaughlin
- 10:45 AM** **Dementia Screening and Management**
Dr. Lorella Luezas-Shamakian
- 11:15 AM** **PANEL DISCUSSION**
Transition from Hospital to Home for Elderly
Dr. Beth McLaughlin
Dr. Lorella Luezas-Shamakian
Dr. Alisa Loo

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